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DESCRIPTORS \*Adult Counseling: \*Adult Development: \*Annotated

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Senior Citizens

### ABSTRACT

This search of the ERIC system, Dissertation Abstracts, and the journal literature yielded 25 documents which focus on methods of viewing the aging and the extent to which programs and counselors are effective in contributing to the enrichment of the later years. (CJ)

# Relevant Resources in High Interest Areas

11 R

RETROSPECTIVE SEARCH

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# Counseling the Aging

Compiled by Carol Jaslow

October 1971

This search focuses on methods of viewing the aging and the extent to which programs and counselors '' mag are effective ...cichment of the in contribution later years. (25 document abstracts retrieved)

\$1.00

Searchlight is a development of the ERIC Counseling and Personnel Services Information Center and is published in cooperation with the School of Education at The University of Michigan.

ERIC/CAPS, Room 2108, School of Education Building The University of Michigan, Ann Arbor, Michigan 48104

# Introduction

This information packet is intended to alert the user to a body of literature on a topic of current interest to counselors. It identifies research reports that have been cited in the Educational Resources Information Center's (ERIC) publication, Research in Education (RIE) from January 1967 through June 1971, in Dissertation Abstracts International from January 1968 through June 1971, and in ERIC's Current Index to Journals in Education (CIJE) from January 1968 through June 1971.

#### **Ordering Instructions**

Searchiight has attempted to give availability for all materials listed in this packet. In most cases, it is possible to obtain a personal copy of the title listed. The sources fall into three groupings:

#### ERIC Documents

References in this search for which an ED (ERIC Document) number is given may be ordered from the ERIC Document Reproduction Service (EDRS). Copies are available in either hard (photo) copy or in microfiche form. The microfiche require a special machine for use. To order any of the ED materials, please refer to the ERIC Reports Order Blank at the back of this packet.

#### Doctoral Dissertations

All dissertations listed in this search have been drawn from Dissertation Abstracts International, a publication of University Microfilms. They are available on microfilm (MF) at \$4.00 per dissertation, or in bound photo copy (X) at \$10.00 per dissertation from University Microfilms.

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  300 North Zeeb Road, Ann Arbor, Michigan 48106.

#### Journal Articles

Journal articles are available from the original journal in library or personal collections. Refer to the entry for volume and page designations.



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## **ERIC Documents**

ED 012 858 AC 001 305 COHEN, DEBORAH B. FOCUS-TRAINING, ANNUAL INSTITUTE FOR THE AGING (2D, BOSTON, APRIL 21, 1967). PUB DATE JUN 67

DESCRIPTORS \*COMMUNITY INVOLVEMENT, \*COMMUNITY SERVICES,
\*OLDER ADULTS, \*SUBPROFESSIONALS,
\*TRAINING TECHNIQUES, AGE, BOSTON,
DELAWARE, HEALTH SERVICES, MASSACHUSETTS, NEW HAMPSHIRE, NEW YORK,
ORGANIZATIONS (GROUPS), PARAMEDICAL OCCUPATIONS, PARTICIPANT INVOLVEMENT, PROGRAM DESCRIPTIONS,
PROGRAM PLANNING, SELECTION,
TRAINING OBJECTIVES.

THIS INSTITUTE, SPONSORED BY THE UNITED COMMUNITY SERVICES OF METROPOLITAN BOSTON, THE MASSA-CHUSETTS COMMISSION ON AGING, AND THE BOSTON UNIVERSITY COUNCIL OF GERONTOLOGY, FOCUSED ON RECRUIT-MENT AND TRAINING OF TRAINERS WHO COULD BE AVAILABLE TO AGENCIES AND INSTITUTIONS FOR TRAINING PERSONNEL WORKING WITH THE AGING. ONE CONFERENCE PAPER DISCUSSED VAR-YOUS ELEMENTS AND DIMENSIONS OF THE TRAINING PROCESS. ANOTHER DES-CRIBED A TRAINING PROGRAM FOR SO-CIAL SERVICE AIDES (SUB-PROFES-SIONALS) AT THE BOSTON CENTRE FOR OLDER AMERICANS. THE THIRD PRESENTATION DESCRIBED RECENT AND CURRENT HEALTH SERVICES TRAINING EF-FORTS IN MASSACHUSETTS, NEW HAMP-SHIRE, NEW YORK, AND DELAWARE. BASIC RESPECT FOR OLDER PERSONS AND THEIR CAPACITIES, APPRECIATION OF THE SOCIOECONOMIC INFLUENCES ON AGING, BASIC UNDERSTANDING OF 'THE LEARNING PROCESS AND OF TRAINEE CHARACTERISTICS, CLEAR PROGRAM OBJECTIVES, DUE ATTENTION TO ALL ASPECTS OF PLANNING (SUBJECT AREA, FUNCTIONS, FORMAT, METHODS, LEVEL OF TRAINING, PROGRAM LENGTH), SYSTEMATIC EVALUATION AND FEEDBACK, CLOSE INTERACTION WITH TRAINEES, AND KNOWLEDGE OF COMMUNITY RE-SOURCES WERE SEEN AS VITAL IN IM-PARTING SKILLS AND KNOWLEDGE FOR EFFECTIVE INDIVIDUAL, GROUP, AND COMMUNITY SERVICE. (THE DOCUMENT INCLUDES A LIST OF PARTICIPANTS AND PROGRAM SPEAKERS, AND FOUR REFE. RENCES.) (LY)

ED 015 398

RABE, HENRIETTA F

FRAINING FOR NEW TRENDS IN CLUBS AND
CENTERS FOR OLDER PERSONS, PROCEEDINGS OF A SEMINAR (ITHACA COLLEGE,
ITHACA, NEW YORK, JUNE 23-25, 1966).
NEW YORK STATE EDUCATION DEPT., ALBANY
PUB DATE JUN 66

DESCRIPTORS \*EDUCATIONAL PROGRAMS, \*LEADERSHIP TRAINING, \*OLDER ADULTS, \*PROGRAM PLANNING, \*RECREATIONAL PROGRAMS, ADULT READING PROGRAMS, EMPLOYMENT OPPORTUNITIES, GROUP ACTIVITIES, GROUP DISCUSSION, HEALTH SERVICES, HOME VISITS, NEW YORK STATE, ROLE PERCEPTION, SOCIOECONOMIC INFLUENCES, TEACHER EDUCATION, VOLLEWEREDS

THIS ADVANCED TRAINING SEMINAR WAS DESIGNED FOR STAFF MEMBERS OF SENIOR CITIZEN PROGRAMS THROUGH-OUT NEW YORK STATE. POSITION PAPERS WERE PRESENTED ON THE SOCIAL FU-TURE OF THE AGING AND ON EFFECTIVE MEANS OF SERVING THE INDIVIDUAL.
WORKSHOP DISCUSSIONS WERE HELD ON
WAYS TO ACHIEVE A NEW SOCIAL ROLE
FOR THE ELDERLY, THE GROUP METHOD
IN CLUBS AND CENTERS, AND INDIVI-DUAL NEEDS. PROGRAM SKILLS DEMON-STRATIONS DEALT WITH USES OF FOLK AND SQUARE DANCING, MUSIC ACTIVITIES, PHYSICAL FITNESS ACTIVITIES, PUPPETRY, AND BOOK AND DISCUSSION GROUPS FOR SENIOR CITIZENS. RECENT SIGNIFICANT DEVELOPMENTS WERE RE-VIEWED-A PRIMARY SCHOOL "SUBSTITUTE GRANDPARENT" PROGRAM IN WHITE PLAINS, THE TRAINING OF VOLUNTEERS TO VISIT SHUT-INS, PROPOSED COUNTY-WIDE AND NEIGHBORHCOD PRO-GRAMS OF SERVICE TO THE AGED, TEACH-ER TRAINING FOR "DEN MOTHERS," SPI-CIAL HEALTH SERVICES BY THE NEW YORK CITY DEPARTMENT OF PUBLIC WELFARE, AND THE FOURSCORE CLUB IN CORTLAND. A PANEL ALSO DISCUSSED MENTAL AND PHYSICAL HEALTH, NEW GOALS FOR SOCIAL ACTION, MORE EFFECTIVE USE OF OLDER PERSONS AS VOLUNTEERS, LIMITED PAID EMPLOY-MENT FOR OLDER PERSONS, AND PRO-GRAM DEVELOPMENT. (THE DOCUMENT INCLUDES SEMINAR IMPLICATIONS AND AN APPENDIX.) (LY)

ED 022 116 AC 002 611
RESOURCES FOR THE AGING-AN ACTION
HANDBOOK, A CATALOGUE OF
FEDERAL PEOGRAMS, FOUNDATIONS
AND TRUSTS, AND VOLUNTARY AGENCIES THAT ASSIST COMMUNITIES AND
INDIVIDUALS TO MEET THE NEEDS OF
THE AGING.

National Council on the Aging, Inc., New York, N.Y.; Office of Economic Opportunity, Washington, D.C. Community Action Program. Pub Date Feb 67
Note—323p.

Descriptors—AGE, BIBLIOGRAPHIES, BUSINESS, CIVIL RIGHTS, CONSUMER EDUCATION, DIRECTORIES, EMPLOYMENT, \*FEDERAL GOVERNMENT, FINANCIAL SERVICES, FOOD, \*FOUNDATION PROGRAMS, GENERAL EDUCATION, HEALTH SERVICES, HOUSING, JOB TRAINING, MILITARY PERSONNEL, NURSING, \*OLDER ADULTS, PROGRAM PLANNING, RECREATION, REGIONAL PROGRAMS, \*RESOURCE GUIDES, RURAL AREAS, \*VOLUNTARY AGENCIES

Published to stimulate local, state, and national groups to develop programs to assist the aged, this catalog presents information about federal grants-in-aid and basic service programs that serve the old, and about foundations and trusts, and national voluntary agencies supporting programs for the aged or willing to assist local groups organizing programs. Resources are given for financial assistance, food and clothing, housing, health services, nursing care, employment and training, small business loans and services, general education and recreation, consumer education, civil rights, veterans' programs, planning, facilities and staffing, programs for specific regions or special groups, and for rural areas and small towns. For each program listed descriptions include the nature and purpose of programs, form and extent of assistance, requirements for eligibility, and where to apply. Field offices and regional addresses of government agencies are given. There are two bibliographies. (aj)



...3

ED 034 159 AC 006 151 TNT-3; Training for New Trends in Clubs and Centers for Older Persons.

New York State Education Dept., Albany. Bureau of Special Continuing Education; New York State Recreation Council for the Elderly, Albany. Pub Date 58

Note-90p.; Proceedings of Seminar Conducted at Ithaca College, Ithaca, New York, June 6-8, 1968

Descriptors—\*Adult Leaders, \*Ancillary Services, Clubs, Communication (Thought Transfer), Dance, Listening, Medical Services, \*Neighborhood Centers, \*Older Adults, Public Housing, \*Recreational Programs, Social Services, State Legislation, Volunteers Identifiers—New York State

The sessions of a seminar for training New York State leaders of recreational programs for the elderly, explored the possibilities for enriched programing, the development of supportive services.

programing, the development of supportive services, means for creating new center facilities, and possibilities for increased member-leader roles. Position papers examined blocks to communication as well as techniques in listening. Discussion on legislative developments included the Legislative Index Record in the area of property tax exemption, Medicare and Medicaid, and Social Security benefits. Other areas covered were: program ideas; folk dancing for senior citizens; the use of older volunteers in mental health institutions; and planning senior centers in housing and other facilities. (An appendix lists discussion leaders, resource persons, and consultants). (nl)

AA 000 537 ED 038 552

Jacobs, H. Lee And Others Education for Aging: A Review of Recent Litera-

Adult Education Association of U.S.A., Washington, D.C.; Syracuse Univ., N.Y. ERIC Clearinghouse on Adult Education.

Pub Date Jul 70

Note-118p.

Available from—Adult Education Association of the U.S.A., 1225 19th Street, N.W., Washington, D.C. 20036

Descriptors—Adult Learning, \*Age, Age Differences, \*Annotated Bibliographies, Colleges, \*Educational Needs, Educational Opportunities, Intelligence, Learning Motivation, \*Middle Aged, \*Older Adults, Participation, Programed Instruction, Research, Retirement, Testing, Vocational Retraining

This literature review covers studies and records on a wide range of behavior patterns rate.

ports on a wide range of behavior patterns relative to the aging process. While most of this work deals with education for aging in terms of adult problems and interests, attention is also given to developments in early life experience and in attention is also given to developments. titudes which tend to set the pattern for later life characteristics. Respective chapters focus on learning characteristics and abilities of older adults; existing opportunities and remaining areas of need for education on aging in the educational system; job retraining and other kinds of informal educational opportunities; and factors germane to preparing for retirement. Annotated chapter bibliographies (a total of 237 items) also appear. Instructions for ERIC document ordering are furnished. (LY) ED 030 078 AC 004 790 Lowy, Louis

Training Manual for Human Service Technicians Working with Older People. Part 1, Trainers. Part 2, Trainees.

Pub Date 68
Note—39/p.; 2v
Available from—Boston University Bookstores, 775 Commonwealth Ave., Boston, Massachusetts 02215 (\$1.95 and \$2.95)

Document Not Available from EDKS.

Document Not Available from EDAS.

Descriptors—Adult Development, Age, Bibliographies, Curriculum, Educational Objectives, Films, \*Human Services, \*Manuals, Measurement Instruments, \*Older Adults, Program Administration, Program Planning, Stereotypes, \*Supprofessionals, Teaching Techniques,

Trainers, \*Training
An outgrowth of a Greater Boston project, this manual for the training of human service non-professionals for work with older adults is divided into two volumes. Part 1, for trainers, covers qualifications and sources of training personnel; curriculum planning; training objectives (generally expressed in terms of attitudes, knowledge, and skills); training methods and techniques (including personnes). knowledge, and skills); training methods and techniques (including electures, buzz sessions, discussion, workshops, role playing and field work); and overall program planning and organization. Part 2, which contains curriculum materials for trainees, discussed major problems of aging and the aged in American society; developmental processes, needs, and strengths of aging; resources to meet the needs of older adults aging; resources to meet the needs of older adults in the community; and approaches to working with older people at the individual, group, and community levels. Also included are bibliographies and films, advisory committee members, selected cutlines of training programs, sample forms, a stereotype scale on aging, and the historical background of the manual. (IV)

ED 032 511 AC 005 564 Hendrickson, Andrew Aker, George F. Education for Senior Adults. Florida State Univ., Tallahassee. Dept. of Adult

Education. Pub Date 69

Note-113p.

Descript 's-Adult Counseling, Abult Dements and Education Programs, \*Age, Bibliographies, Church Role, Community Programs, Community Resources, Fine Arts, Information Utilization, \*Leadership Training, Libraries, Motivation, \*Older Adults, Program Administration, Recreational Activities, Teaching Techniques
The major objectives of the Education for Senior Adults Leadership Development Institute

were: (1) to give a deeper understanding of the characteristics of senior adults; (2) to give a sense of the richness and variety of activities that could be built into a program for the aging; (3) to provide help in problems of organizing and administering educational programs for the aging; and (4) to motivate participants to use what they learn when they return to their communities. Addresses covered: an overview of education on aging; sociological aspects of aging; recreation's contribution to education of older adults; physiology of aging; the role of the arts in the education of the aging; the place of the church in the continuing education of the aging; what it means to teach older adults; counseling of older means to teach older adults; counseling of older adults; a comprehensive and coordinated community approach in planning education program for older persons; and use of the library and other community resources. A general section given on evaluation, emphasizes the relationship between evaluation and goals. This is followed by a copy of three evaluation forms used during the institute and a bibliography. (nl) ED 038 580 AC 006 758 Schale, K. Worner, Ed. Theory and Methods of Research on Aging. Pub Date 68 Note-170p.

Note—170p.

Available from—West Virginia University, Morgantown, W.Va. 26506

Document Not Available from EDRS.

Descriptors—\*Adult Learning, \*Age, Attitudes, Conference Reports, Intelligence, \*Memory, \*Perception, Personality, Problem Solving, \*Research Methodology, Research Reviews (Publications), Sensory Experience, Sex Differences, Standardized Tests

The document reports the proceedings of a

ferences, Standardized Tests

The document reports the proceedings of a conference on "Theory and Methods of Research on Aging" held under the auspices of the Division of Maturity and Old Age of the American Psychological Association, the Department of Psychology and the Human Resources Research Institute of West Virginia University, May 17-19, 1967. The summaries of four speeches and of the ensuing floor discussions on all are presented ensuing floor discussions on all are presented. ensuing floor discussions on all are presented. McFarland Discusses the status of perception and aging and includes sensory as well as perceptual processes. Kay's paper restricts the field of learning largely to that c' the memory functions. The paper by Bayley on the topic of cognition also limits the field of discussion by attending primarily to the basic components of standard tests of inly to the basic components of standard tests of intelligence, such as reasoning, problem-solving, information, and complex measures of memory function. She bases her analysis of the art on a description of data and issues arising out of the Berkeley growth studies. In the fourth primary paper Chown discusses the current status of work in personality and aging. She organizes her discussion around two major trends, the work on disengagement theory and life style and the more isolated pursuits of age differences on a large variety of particular test and inventory type measures of personality. (NL)

AC 004 788 ED 042 939 Troll, Lillian E. Schlossberg, Nancy
How Age-Biased Are Counselors of Adults? Pub Date [69] Note-14n.

Descriptors—\*Adult Counseling, Age Differences, \*Age Groups, Colleges, \*Counselors, Counselor Training, Developmental Tasks, \*Discriminatory Attitudes (Social), Group Norms, Investigations, Professional Training,

Questionnaires, Sex Differences, Universities
Identifiers—Age Norms Inquiry
A study was made to determine the extent of
age bias among counselors working with adult
clie ts in educational settings. An Age Norms Inquiry questionnaire was sent to counselors in 55 urban colleges and to members of the Adult Development Guidance Association (186 of 381 questionnaires were returned). Age bias was operationally defined as preference for completion of selected developmental tasks at earlier age levels. While no uniform opinion with respect to age norms and constraints was shown, and more than half of the respondents showed some age bizs (50%+ bias on 19 of 32 items and over 75% on 5 items), there were a sizeable number who were vigorously opposed to any suggestion of age norms and who would fight for counseling each individual case on its own mer is. Women counselors were generally less age biased but no other counselor characteristics measured (age, counseling experience, or training) showed any significant correlation with age bias. The division of items into family, general, and vocational-educational categories also did not relate consistently to the bias found. (Two tables of response data and the questionnaire used are included.) (DM)



ED 042 996

AC 008 636

Greene, Mark R. And Others
Preretirement Counseling, Retirement Adjustment,
and the Older Employee.
Oregon Un v. Eugene. School of Business Ad-

ministration. Pub Date Oct 69 Note—336p.

Descriptors—\*Adjustment (to Environment),
\*Adult Counseling, Analysis of Variance, \*Attitudes, Evaluation, Financial Support, Geographic Location, Income, \*Industrial Personnel, Marital Status, Organization Size (Groups),
Participation, Fhysical Health, Prediction,
Questionnaires, \*Retirement, Statistical Data,
Work Attitudes

This study analyzed relationships between successful adjustment to retirement, preretirement counseling, and the psychological, economic, and other background characteristics of individual employees. A preliminary study in the western states showed no small companies, and relatively few other, with preretirement counseling programs of any consequence. Eight large and medium sized companies, four with and four lacking such programs, constituted the sample; 648 retirees and employees were interviewed. Most retirees (75%) accepted retirement as such, but many retirees and employees opposed mandatory retirement policies. Finances, health, activities, retirement attitudes, previous retirement planning, morale, and job skill level were significantly related to good adjustment; resistance to retirement correlated with income, activities, financial planning, health, enjoyment of activities, retirement attitudes, and marital status. Activities, health, and financial planning were especially germane. It was concluded that preretirement counseling programs aided adjustment and weakened older employees' resistance to retirement, as well as improving morale and job related attitudes. (The report includes 331 tables, methodology of the study, and questionnaire.) (LY)

ED 044 614 AC 008 774

Wray, Robert P.

An Interdisciplinary, Non-Credit Community
Course in Adult Development and Aging.

Georgia Univ., Addition.

Conditing aucustion.

Pub Date Jul 70

Note—22p.

Descriptors—\*Adult Development, \*Age, Community Education, Costs, Enrollment, Grants, \*Interdisciplinary Approach, \*Noncredit Scheduling, State Programs, Teaching Techniques, Tuition, \*University Extension

\*Noncredit Courses, Program Evaluation, Scheduling, State Programs, Teaching Techniques, Tuition, \*University Extension Identifiers—Georgia, University of Georgia Aided by the Georgia Community Continuing Education Service (State Agency, Title 1, Higher Educational Act of 1965), the University of Georgia Council on Gerontology induced Georgia colleges and universities to cooperate to help practitioners and community leaders learn about the sociological, physiological, psychological, economic, and community service implications of aging. The course uses lectures, selected readings, films and other visual aids, field trips, and discussion, together with resource persons from related fields. Instruction covers 18 to 30 course sours scheduled in three-hour sessions with whatever frequency the class prefers. Instructional costs average \$20 per class hour plus \$10 per hour for services of a Director-Mentor. The course was offered 15 times in 12 communities, with a total enrollment of 484, during the first two fiscal years. Curriculum development and promotional work at a November 1968 workshop and at one-day workshops involving additional schools, led to broader participation during 1969-70 (17 programs in 14 communities for 514 enrollees). (Testimorials, cost analyses, and a bibliography are included.) (1.Y)

ED 045 938

Marshall, Douglas G. Hill, Richard C.
The Process of Growing Old: A Test of the Disen gagement Hypothesis.
Wisconsin Univ., Madison. Dept. of Rura Sociology.
Pub Date Sep 68
Note—14p.; Population Note No. 10

Descriptors—\*Age, Age Differences, Bibliographies, Educational Background, Income, Males, Occupations, Older Adults, Research, Residential Patterns, \*Retirement, \*Role Theory, \*Social Relations, Socioeconomic Status, Statistical Data

A study among 284 retired men, aged 63 to 99, in three southern Wisconsin communities examined whether aging entails disengagement from social relationships. The correlation between aging and disengagement was analyzed in terms of social class (education, former occupation, present income) for residents of rural, urban, and suburban areas. Except in two cases (persons with nine to 12 years of schooling, and farmers), the hypothesized relationship was confirmed. However, it was not very strong empirically—an indication that variables other than age may be more germane to disengagement among people 65 or older. A theoretical approach to aging is needed which draws on role theory and emphasizes age related transitions in social positions, instead of chronological age as such. (Two tables and 22 footnotes are included.) (LY)

ED 045 898 AC 008 864

Robb, Thomas Bradley
The Bonus Years: Foundations for Ministry with
Older Persons.

Pub Date 68
Note—156p.
Available from

Available from Town Prem Valley Forge,
Pa. 1948;

Document Not Available from EDRS.

Descriptors—\*Age, Annotated Bibliographies,
\*Church Programs, Educational Programs,
Ethical Values, Individual Characteristics, Leisure Time, \*Need Gratification, \*Older Adults,
Resources, Retirement, Socioecoromic Status

This book studies characteristics and needs of the aging in an attempt to relate the resources of the local church to the needs of eather persons. It assumes that older persons have many individual needs which are not subject to large scale solutions and must therefore be approached locally. The purpose of this book is to deal with these more individual matters, and to day a foundation from which the local church may begin to assist in their solution. There is a broad yet concise survey of the rapidly growing literature in the associated fields of social generatology and geriatrics. Much information dealing with the results of studies conducted in the 1950s are used. A summary of a variety of approaches to effective ministry to the aging as they are carried on around the nation, and some final principles from which local programs may begin to take shape are also presented. An a notated bibliography is added. (PT)

ED 047 244 AC 010 038
Training for New Trends in Clubs and Centers for Older Persons, TNT-4.

New York State Education Dept., Albany. Bureau of Special Continuing Education.; New York State Recreation Council for the Elderly, Albany.

Albany.
Pub Date 69
Note—86p.; Proceedings of Seminar, Ithaca College, Ithaca, New York, June 19-21, 1969

Descriptors—\*Art Activities, Art Appreciation,
Cultural Activities, Dance, Directories, Dramatics, Film Production, \*Leadership Training,
Music Education, \*Older Adults, \*Program
Planning, \*Recreational Programs, Seminars
Identifiers—New York State
Conducted for leaders in recreational facilities
for the elderly, this seminar concentrated on how

Conducted for leaders in recreational facilities for the elderly, this seminar concentrated on how to revive, stimulate, or develop older people's capacity for emotional satisfaction through the arts, including theater, music, films, dance, and the visual arts. Ideas on program planning and locating and choosing cultural resources were also offered. (Directories of relevant organizations and cultural resources in New York State are furnished.) (LY)

ED 048 560

Ward, Betty Arnett

Education on the Aging: A Selected Annotated
Bibliography.

Department of Health, Education, and Welfare,
Washington, D.C.

Report No—Pull-1958-No-11; OE-13017

Pub Date 60

Note—155p.

Descriptors—\*Adult Education, \*Age, \*A.n. notated Bibliographies, Educational Programs, Educational Resources, \*Information Sources, Laymen, Leadership Training, \*Older Adults, Professional Training, Volunteers

Laymen, Leadership Training, \*Older Adults, Professional Training, Volunteers

This bibliography lists selected titles bearing directly or indirectly upon educational programs and activities designed for the primary purpose of developing skills, knowledge, habits, or attitudes appropriate and necessary for vital, purposeful living during the years of later maturity. The references are arranged in sections reflecting the influence and research interests of a wide variety of disciplines and of specialties within the broad field of aging. The annotations are, for the most part, brief summary descriptions of readily accessible titles and materials which may help the reader to make selections in accordance with his own needs and with those of the older adult participant. Activities which are primarily social, recreational, or for the purpose of producing goods are not included. Master's theses and doctoral dissertations are not included. Specific areas covered are: Understanding the aging process; Professional leadership development; References for lay leaders serving older adults; and Educational information sources. (Author/NL)

ED 019 564 EDUCATION FOR AGING, CURRENT INFORMATION SOURCES, NUMBER 14. Syracuse University, New York, ERIC Clearinghouse on Adult Education, 1968. 20P.

This bibliography of recent (1964-1967) annotations and abstracts is divided into sections relating to the characteristics and learning abilities of older adults, training programs, and retirement and preretirement education. Such topics and areas of concern as stability and change in adult characteristics (including changes in goals), educational philosophy, testing and test construction, manpower development, labor management cooperation in preretirement education, vocational guidance and career planning, use of correspondence study and of educational films and television, the problems of older salesmen, and comparative education in the United States, Great Britain, and Europe are represented. Also listed are other ERIC Clearinghouse on Adult Education publications, and members of the national advisory board.

# **Journal Articles**

Neugarten, Bernice. The Old and the Young in Modern Societies.

American Behavioral Scientist, Sept./Oct. 1970, 14(1), pp13-24.

Increased tension between age groups may be occurring, and overt anger toward the aged may be increasing. As a response the aged are becoming more vocal in demanding what they consider to be their rights. (ES)

American Behavioral Scientist, Sept./Oct. 1970, 14(1), pp25-40.

Outlined are the different family structures to be found in later life. Discussed also is how the older family might change with the restructuring of various social systems within the United States. The future seems to indicate that more old people will be living in age-segregated communities, and that contrary to the teachings of earlier sociologists, there is no evidence that older people find that period of their lives when children leave home particularly painful. (ES)

Lopata, Helena Z. The Social Involvement of American Widows.

American Behavioral Scientist, Sept./Oct. 1970, 14(1), pp41-58.

American society appears to offer the widow a choice of social roles but in practice widowhood means that a Woman's engagement with the social structure is broken. Since, for many, woman's ties to the larger community were as part of a husband-wife dyad, a widow becomes isolated, not through her own choice. The major reason for her isolation is that American society does not prepare people to re-engage themselves once a major social role is removed. Americans appear to lack the competence to cope with changes in the environment that involve changes in their self-conception. (ES)

Rosow, Irving. Old People: Their Friends and Neighbors. American Behavioral Scientist, Sept./Oct. 1970, 14(1), pp59-70.

Old people live in a contracting social world with loss of social roles and group memberships. The family remains the core of social relationships, with friendship patterns tending to be independent of family patterns. Friends of the old, like friends of the young, tend to resemble them greatly in age, sex, and status. Opportunities for friendship in old age, therefore, are greatest where the neighbors of old people are also their peers. Social integration among the aged, thus, can be increased by increasing age-segregation patterns in housing, in particular. (ES/CJ)

Butler, Robert N. Looking Forward to What? The Life Review, Legacy, and Excessive Identity Versus Change. American Behavioral Scientist, Sept./Oct. 1970, 14(1), pp121-128.

An American psychiatrist views American society where the dominant theme is change, although the middle-aged and elderly are discouraged from changing. He urges society to allow greater freedom of life styles for these population groups, suggesting that it is only by psychological readiness for what is new that man can continue to cope with the social and technological changes of our era. (ES)



# **Doctoral Dissertations**

Hokenstad, Merl C. SOCIAL SERVICES AND SUCCESSFUL AGING: AN EXPLORATORY STUDY OF THE RELATIONSHIPS BETWEEN SOCIAL SERVICE FUNCTIONS AND OLDER ADULT MORALE. The Florence Heller Graduate School for Advanced Studies in Social Welfare, Brandeis University, 1969. Available from University Microfilms, 300 North Zeeb Road, Ann Arbor, Michigan 48106 (Order No. 70-19,972).

This exploratory study seeks to identify the supportive functions of social services, examine the differential exposure of older adults to these supports and test hypotheses about the relationships betweeen social service functions and older adult morale. Study findings show that respondents have limited exposure to social services. Knowledge, accessibility and utilization rates for nonhealth services are particularly low. The findings do not support study hypotheses suggesting positive relationships between the psychological and security support functions and the level of morale. High and low morale groups are most clearly differentiated by level of knowledge than by level of utilization.

Gubrium, Jaber Fandy. ENVIRONMENTAL AGE-CONCENTRATION AND PERSONAL RESOURCES: A STUDY OF THEIR IMPACT ON THE MORALE OF THE AGED. Wayne State University, 1970. Available from University Microfilms. 300 North Zeeb Road, Ann Arbor, Michigan 48106 (Order No. 71-413,237).

Recent studies of the effects of local environmental arrangements on the aged have found that as the age-concentration of these environments increases, the aged become better integrated into their communities and exhibit higher morale. This study focuses on the effects of environments on the morale of the aged, but varies ageconcentration to a greater degree than has previously been done. Hypotheses rested were: age concentration of environment will be positively associated with general morale and feeling satisfied with life; and age-concentration of environment will be negatively associated with feelings of loneliness, depression and of being old. Little or no support was found for any of the hypotheses--with the exception that among persons who are either unhealthy or insolvent, increasing age-concentration tends to be associated with increasing morale. Among old people who are healthy and solvent, variations in environmental age-concentration have little impact on their social integration and morale.

Holmfeld, John Dirckinck. COMMUNICATION BEHAVIOR OF SCIENTISTS AND ENGINEERS. Case Western Reserve University, 1970. Available from University Microfilms, 300 North Zeeb Road, Ann Arbor, Michigan 48106 (Order No. 69-19,707).

In this exploratory study the expectation was that morale in old age would be dependent upon meaningful activity and the presence of significant others; that relatives would be looked to for help in crisis situations and for ritual occasions, but that activity, expecially with peers, would be a significant factor in differentiating between groups with high and low morale. The sample group represented a very elderly segment of the population and constituted an educational and occupational elite. In spite of adequate resources, they had moved into an age concentrated housing settling in order to avoid loneliness. The study substantiated the importance of social interaction, especially with peers, for the morale of older people. The hypothesis that people in this setting would be dependent upon activities in the immediate environment and would spend ritual occasions with their families was also confirmed. The importance of children in the life of the aged was also substantiated. The study lent additional evidence of the changing structure of the



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extended family and the existence of a fourth generation of relatively frail people for whom planning and provision will become increasingly important.

Simos, Bertha Goldfarb. INTERGENERATIONAL RELATIONS OF MIDDLE-AGED ADULTS WITH THEIR AGING PARENTS. University of Southern California, 1969. Available from University Microfilms, 300 North Zeeb Road, Ann Arbor, Michigan 48106 (Order No. 70-367).

Focus was on the problems encountered with the parents, the coping patterns used and effectiveness thereof, feelings toward the parents, including memories of childhood, and the attitudes of these adults toward their own aging process. The sample consisted of fifty individuals (fourteen men and thirty-six women) selected from the clientele of Jewish Family Service of Los Angeles who had requested information or service around an aging parent or parents. The popular belief that Jewish families are traditionally close-knit and warm was found to be an idealistic version of family life. As with other cultures, relationships with aging parents were found to be dependent on the cumulative experiences of past years. Healthy family relationships were possible when parents had the emotional resources with which to bestow upon children the essentials for human growth and personality development. The study affirmed the continuity of cultural patterns for the parent generation despite geographical and cultural changes. The findings suggest the need for social work focus on all generations of the family, the appreciation of cultural patterns and changes as they affect family life, and the extension of family life education programs around problems of aging, the meaning of loss, and mourning reactions. Social work must give greater attention to the stresses of the middle-aged generation, which stands in the position of having to serve the old and the young even as it struggles to reach its own fulfillment.



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